

## SERVICES FAQ

SERVICE	POINTS VALUE	DURATION
Advocacy Services (Medicare, Social Security, VA Benefits)	3	1 - 1.5 Hours
Chronic Disease Education	5	30 Minutes
EFT	10	1 Hour
Fiduciary Services	Fee for Service	-
Financial Planning Services	Fee for Service	-
Grief Counseling	3	30 Minutes
Grief Tending (Virtual)	5	1 Hour
Home Maintenance Service	Fee for Service	-
Home Organization	7 - 10	1 Hour
Massage (Varies by Location)	5 - 10	1 Hour
Meditation	5	1 Hour
Olli Lifelong Learning Course	Included	-
Gym Membership	3 (Reoccurs Monthly)	-
On Demand Fitness Membership	3 (Reoccurs Monthly)	-
Personal Training (In-person or Virtual)	5	1 Hour
Registered Dietitian Nutrition Services	10	30 Minutes
Reiki	6 - 10	30 Minutes - 1 Hour
Sound Bathing	10	1 Hour
Support Group Connection	Included	-
Volunteer Opportunities	Included	-
Facial (Varies by Location)	9	1 Hour